

northwest conference
ON CHILDHOOD
 **GRIEF**

Friday, March 2nd, 2018

Puget Sound Educational Service District Conference Center
Renton, Washington

Proudly presented by Safe Crossings Foundation

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safecrossingsfoundation.org

TABLE OF CONTENTS

General Information.....	3
Welcome.....	3
Location.....	3
Directions & Parking.....	3
Continuing Education & Clock Hours.....	4
Cancellation Policy.....	5
Schedule: At A Glance.....	6
Symposium Sessions & Presenter Details.....	7
Conference Sponsors & Partners.....	10

General Information

Welcome!

Safe Crossings Foundation is proud to present the Fourth Annual Northwest Conference on Childhood Grief. This will be a day of deep learning, sharing best practices, and networking with colleagues. The conference will feature a deep dive into the barriers for children and teens seeking grief support services, aimed at professionals who work with children, teens and their families in dealing with the trauma of grief and death.

Location

The symposium will take place at the Puget Sound Educational Service District (PSESD) Conference Center in Renton, Washington.

PSESD Conference Center
800 Oakesdale Ave SW
Renton, WA 98057-5221

Directions & Parking

Centrally located, the PSESD Conference Center offers ample free parking and easy access to area freeways, transit centers and the airport.

FROM I-5 OR HIGHWAY 518

Follow signs for Hwy 405 to Renton (near Southcenter).

1. Take the first exit (Exit 1) off of 405 to Tukwila.
2. Turn Left/North from the offramp onto West Valley Hwy and move to the right lane, you will pass under Hwy 405. Take the first Right/East onto SW Grady Way.
3. At the next light turn Left/North onto Oakesdale Ave SW.
4. The 800 Building is on your right as you approach the next light at 7th and Oakesdale. Turn right on 7th.
5. Turn right into the first driveway. Main entrance and parking is to the right.

FROM HIGHWAY 405 SOUTH/BELLEVUE

1. Take Exit 1 to Tukwila/West Valley Hwy and move to the right.

2. Turn Right/South from the offramp and move to the left turn lane at the next light.
3. Turn Left/East onto Grady Way.
4. At the next light on Grady Way turn Left/North onto Oakesdale Ave SW.
5. The 800 Building is on your right as you approach the next light at 7th and Oakesdale. Turn right on 7th.
6. Turn right into the first driveway. Main entrance and parking is to the right.

FROM HIGHWAY 167

1. Hwy 167 ends at Grady Way in Renton and becomes Rainier Ave S.
2. Turn Left/West at the second light onto SW 7th Street.
3. The 800 building is approximately 1 mile down on your left at the end of 7th Street. (7th T's into Oakesdale.)
4. Turn left into the last driveway before Oakesdale.

Continuing Education & Clock Hours

CONTINUING EDUCATION

This program is co-sponsored by Safe Crossings Foundation and The Institute for Continuing Education. The program offers 6.50 contact hours with full attendance required. Application forms will be available on site. There is no additional fee to receive continuing education credit. Continuing education verification is mailed to attendees following the Conference. If you have questions regarding continuing education, the program, speakers, learning objectives, or grievance issues, please contact The Institute for Continuing Education: 251-990-5030 or instconted@aol.com.

NOTES: 1) To receive continuing education credit, applicants must complete all CE materials, sign in/out at designated locations, and submit an evaluation form for the sessions attended. 2) It is the responsibility of the attendee to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board, including the Ethics Workshops scheduled.

Continuing Education Credit Offered:

Psychology // The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling/MFT // The Institute for Continuing Education and Safe Crossings Foundation are co-sponsors of this program. This co-sponsorship has been approved by NBCC. The Institute for Continuing Education is an NBCC approved continuing

education provider, No. 5643. The Institute for Continuing Education is solely responsible for this program, including the awarding of NBCC credit.

Social Work // The Institute for Continuing Education, Provider 1007, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org, through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program. ASWB Approval Period: 04-13-2015 - 04-13-2018. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this Course will receive 6.50 clinical continuing education hours.

Nursing // The Institute for Continuing Education is an approved provider of continuing education in nursing by the California Board of Nursing, Provider CEP 12646. Nurses are responsible for checking with their state board to determine if credit issued through an approved provider of the CA Board of Nursing is acceptable by their state board.

Skills Level // Due to the interdisciplinary nature of this Conference, sessions have not been ranked as to skills level. Participants are urged to review the session descriptions to determine appropriateness for professional and personal needs.

Non-Credit Events // CE credit is not offered for registration, board meetings, meal functions, and breaks.

Completed CE Materials // Please bring your professional license information in order to include on CE application materials. Completed CE packets should be returned at the end of the Conference. There will be a box designed to drop off completed CE packets.

ADA Statement // If you have special needs, please contact Marci Servizi at marci@safecrossingsfoundation.org or 206-652-4723.

CLOCK HOURS

Details // The Puget Sound Educational Service District has approved this conference for 6.5 clock hours. Please visit www.psesd.org for more information.

Cancellation Policy

Refunds will be provided for registrations cancelled in writing and received by February 1, 2018. A cancellation penalty of \$75 will apply. Participant substitutions can be made at any time, but will require advance written notice by February 1, 2018.

Schedule: At A Glance

Please find extended descriptions of sessions and speakers in the next section of this document following the overview.

TIME	EVENT	PRESENTER
7:30–8:00	<i>Registration (continental breakfast to be provided)</i>	
8:00–8:10	Welcome	<ul style="list-style-type: none"> Karen Schrantz Executive Director // Safe Crossings Foundation
8:10–9:50	Session 1 African American Male Grief Access <i>Keynote</i>	<ul style="list-style-type: none"> Kevin Carter MSW, LCSW // Center for Grieving Children Tyran Hill MSSA // NC Community Development Initiative, NC Housing Coalition
9:50–10:00	<i>Break</i>	
10:00–11:00	Session 2 Experiences in & Barriers to Acquiring Grief Support Services	<ul style="list-style-type: none"> Jill Meyers MA, CCLS // Providence Hospice of Seattle
11:00–12:00	Session 3 Cross-Cultural Connections in Grief Support	<ul style="list-style-type: none"> Alice Ryan LICSW // Seattle Children’s Hospital
12:00–12:50	<i>Lunch (catered)</i>	
12:50–1:50	Session 4 Suicide Stigma	<ul style="list-style-type: none"> Jennifer Barron MA/MBA // Forefront Suicide Prevention
1:50–2:50	Session 5 Developing Self Care through Racial Equity	<ul style="list-style-type: none"> Nikum Pon PhD // Puget Sound Educational Service District Kimberly Beeson MSW // Puget Sound Educational Service District
2:50–3:00	<i>Break</i>	
3:00–4:00	Session 6 Art as a Tool for Social Justice	<ul style="list-style-type: none"> Lacie Braun LMHC // Art With Heart

Please visit our community grief support partners at their vendor tables to learn more about each specific service. Representatives from the organizations listed below will be available during breaks to chat and provide materials.

Art With Heart | Cancer Lifeline | Cancer Pathways | Cedar Tree Counseling Services | Forefront Harborview | The Healing Center | Mary Bridge Children’s Hospital | Moyer Foundation
 Providence King County | Seattle Children’s Hospital | Virginia Mason

Symposium Sessions & Presenter Details

SESSION 1 8:10am - 9:50am

Keynote: African American Male Grief Access

Description // Presenters will examine the impact of childhood loss and grief experiences from the lens of their own psycho-social development as African American men growing up in the South and as intergenerational social work colleagues.

Learning Objectives // This session achieves the following:

1. Participants will be able to identify the impact of male identity and adult/child relationship on the childhood grief process.
2. Identify practice perspectives and approaches that provide support and opportunities for youth, family and practitioner development.

Presenter // The presenters for this session are:

- **Kevin Carter**, MSW, LCSW, Center for Grieving Children
- **Tyran Hill**, MSSA, NC Community Development Initiative, NC Housing Coalition

BREAK 9:50am - 10:00am

SESSION 2 10:00am - 11:00am

Experiences in & Barriers to Acquiring Grief Support Services

Description // A discussion including school counselors and parents/guardians. The session will be inspired by members' experience and obstacles acquiring grief support. Will include small group discussion.

Learning Objectives // This session achieves the following:

1. To come away with a direct account and understanding of obstacles and challenges diverse populations experience when seeking grief support.
2. Identify obstacles and effective ideas to overcome these obstacles.
3. Receive insights, guidance and wisdom through direct experiences of the panel members.
4. Collaborate and develop innovative ideas with panel members.
5. Begin process of building bridges for grieving youth throughout King County.

Presenters // The presenter for this session is:

- **Jill Meyers**, MA, CCLS, Providence Hospice of Seattle

SESSION 3 11:00am - 12:00pm

Cross-Cultural Connections in Grief Support

Description // Presentation of traditional therapeutic models in grief work and modified with a multicultural lens. Assessing the intersection between the clinician's culture and the client's culture and its influence in the therapeutic relationship will be discussed. Will provide a specific model of grief support based on the Journey Program's outreach to grieving Spanish-speaking families.

Learning Objectives // This session achieves the following:

1. Participants will be able to apply model to their grief support work environment.
2. Recognize the influence of one's culture on their therapy practice.
3. Familiarity of the grief rituals and perspectives from Spanish-speaking communities in the Puget Sound region.

Presenters // The presenter for this session is:

- **Alice Ryan**, LICSW, Seattle Children's Hospital

LUNCH 12:00pm - 12:50pm

SESSION 4 12:50pm - 1:50pm

Suicide Stigma

Description // The session will explore the barriers to support for kids and teens after a suicide death. Kids can be embarrassed that their parent or sibling died by suicide and therefore do not want to reach out for support from grief support providers. This session will explore the process that works at Mt Si High School. We will hear from Forefront who does suicide prevention work and support after a suicide death.

Learning Objectives // This session achieves the following:

1. Identify common concerns for a family after a suicide loss.
2. Learn specific approaches to connect with families and offer appropriate support.
3. Learn how to help the school and community support the family.
4. Learn the signs to look for in siblings and friends who are at greater risk of being suicidal.

Presenters // The presenter for this session is:

- **Jennifer Barron**, MA/MBA, Forefront Suicide Prevention

SESSION 5 1:50pm - 2:50pm

Developing Self Care through Racial Equity

Description // Participants will explore the frame of implicit bias and race prejudice, and how they become structured into institutions and systems. Participants will also gain insight into how children and adults internalize and act out of these biases, and be challenged to incorporate a race equity lens with current skills and experience.

Learning Objectives // This session achieves the following:

1. Developing your race equity lens so as to support self care in response to grief.
2. Introduction to Compassion Fatigue Tool Kit and how to develop a prevention tool kit for yourself.

Presenter // The presenters for this session are:

- **Nikum Pon**, PhD, Puget Sound Educational Service District
- **Kimberly Beeson**, MSW, Puget Sound Educational Service District

BREAK 2:50pm - 3:00pm

SESSION 6 3:00pm - 4:00pm

Art as a Tool for Social Justice

Description // We already know the facts: youth from disadvantaged backgrounds have less, sometimes far less, dedicated school time for art that is a valuable tool for processing grief. Some of them are attending schools that are failing in neighborhoods their families were relegated to due to redlining, racial covenants and other systemic injustice. Art is a unique and appropriate tool for young people to use to help understand their own grief experiences, but it goes much further than this. Youth who have dedicated time focused on art and creative expression have better overall outcomes. Art has a universal quality that can reach across cultures and backgrounds. Participants will be introduced to using art as a tool for social justice and practicing trauma-informed care while helping kids on their grief journey. One hands-on activity will be done.

Learning Objectives // This session achieves the following:

1. Introduce the concept of using art as a tool for social justice.
2. Introduce the use of trauma-informed care in creative expression programming.
3. Teach participants to conduct one hands-on creative expression activity.

Presenter // The presenters for this session are:

- **Lacie Braun**, LMHC, Art With Heart

Conference Sponsors & Partners

Sponsors

An enormous thank you to our generous sponsors, without whom this conference would not have been possible!

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Partners

Safe Crossings Foundation is also grateful for our partners in planning this important event. Huge thanks to the ever-helpful Conference Planning Committee members and organizations.



Thank you to all for being a part of our caring community!