



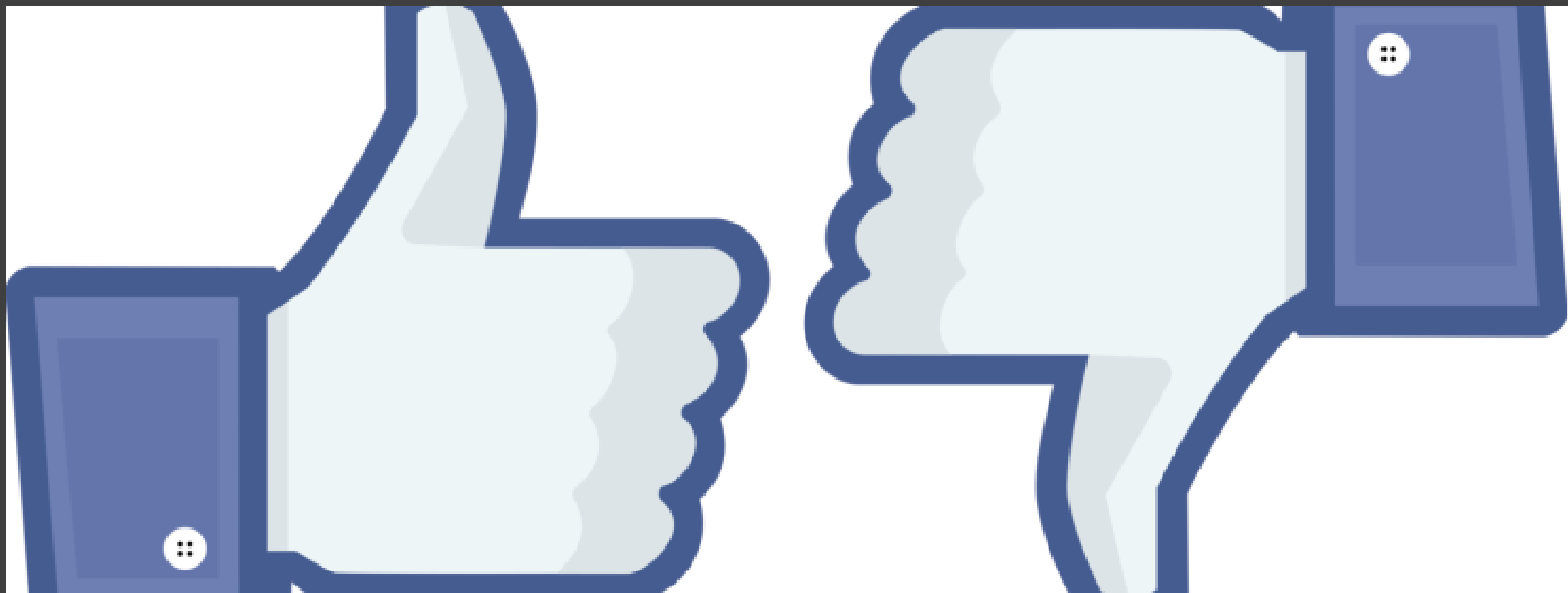
Differences in Grief
Related to
Nature of Death

- Illness
- Suicide
- Murder
- Accident

Agree/Disagree

Please listen to each statement and respond accordingly:

- **Agree**= Thumbs Up
- **Disagree**= Thumbs Down





Small Group Reflection Questions

1. What do you believe happens after death?
2. How do you commemorate a death?
3. What do you consider appropriate emotional expression following a death?
4. What rituals or traditions are important to you as part of the grieving process?
5. How have cultural expectations impacted your grief?



“Understanding the complex entanglement between culture and grieving is a first step toward theorizing about grief in a culturally attuned way and in providing support to culturally diverse grieving people.”
(Rosenblatt, 2008)

Aspects of the Grief Experience: Cultural Implications

- Emotional Expression
- Social Support
- Meaning Making
- Continuing Bonds
- Grief Pathology





Strategies for Supporting Grieving Students

- Information
- Listening
- Acknowledgement
- Acceptance
- Consistency & Routine
- Flexibility
- Safety



SELF-CARE WHEEL

