

PSESD Supporting Grieving Youth: An Introduction for School Counselors

Welcome & Introduction

Jana Iwasaki and Kim Beeson welcome the participants and discuss logistics of the training; length, use of chat log, hand raising, time for questions after each presentation section.

Safe Crossings Introduction

Karen Schrantz shares intention of training and briefly introduce the Caitlin Koch with Our Treehouse, Darren Wenz and Lisa Duke with Bridges Center for Grieving Children

Grief Outline and Common Responses (DW) 10 min

Theory of Grief (DW)

- a. Tasks of Grieving (LD) 5 min
- b. Dual Process Model (DW) 5 min

Grief Across Development – ages 4 to 18 (DW & LD) 15 min

Types of Death and the Potential Impact (CK) 10 min

Culture and Its Role with Grief (CK) 5 min

- a. **Breakout room activities 10 min**

Grief Activities by Ages

- a. Talking with children and teens about death (DW) 5 min
- b. Strategies for supporting grieving youth overview (CK) 5 min
- c. Virtual grief activities– **Breakout Rooms (CK, DW, LD) 30 min; 10 min each room. Presenters are moved to 1 of 3 rooms, every 10 min.**
- d. Empowering adults in the life of grieving children and teens (LD) 10 min for d & e
- e. When do youth need additional support (LD)

Self-care Strategies (CK) 5 min

Closing

Karen Schrantz will wrap up the presentation

*We can take questions after each bolded section. Hoping Jana and Karen can manage the chat log.

* Presenters will manage the transition to the next topic once a few questions have been addressed

*SCF team will share the slides for each presenter during their presentations.

*If agenda is shared with participants see the next page for that free of initials and time

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Theory of Grief

Tasks of Grieving

Dual Process Model

Grief Across Development – ages 4 to 18

Types of Death and the Potential Impact

Culture and Its Role with Grief

Breakout room activities 10 min

Grief Activities by Ages

Talking with children and teens about death

Strategies for supporting grieving youth overview

Virtual grief activities– **Breakout Rooms 30 min; 10 min each room.**

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Empowering adults in the life of grieving children and teens When do youth need additional support

Self-care Strategies

Closing

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